

A WORD FROM THE PRESIDENT...

In 1989 Lisa McDonough, a woman who had CF, began a newsletter for adults with CF. After publishing three issues of *Roundtable*, she realized that the job was too big for one person.

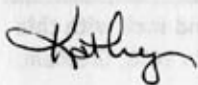
In her fourth issue, she asked if any of her readers would be interested in taking over publication of a newsletter for adults with CF. Four readers answered that they were interested in helping.

Those four, along with two others, began the United States Adult Cystic Fibrosis Assn., Inc. (USACFA). They named the new publication, *CF Roundtable*, to both recognize Lisa's contribution and create a new identity for the new newsletter.

The first issue of *CF Roundtable* was mailed out in 1990. Publication of four issues per year continues to this day. The newsletter continues to grow and improve.

We at USACFA look forward to welcoming you to our group. We hope you will fill out the enclosed form and send it to us, so that you can receive this worthwhile publication.

Stay well and happy,



Kathy Russell
President USACFA, Inc.

CF Roundtable

What is in the newsletter:

Each newsletter covers a focus topic.

Previous focus topics include:

- LUNG TRANSPLANTATION
- INDEPENDENCE AND CF
- SOLVING INSURANCE PROBLEMS
- DATING – MARRIAGE – PARENTING
- FINDING A CF SPECIALIST
- CF RELATED ILLNESSES
- CAREERS
- DEPRESSION

In addition, every issue provides:

- CF RESEARCH IN THE NEWS
- CLINICAL TRIAL INFORMATION
- MILESTONES FROM ADULTS WHO HAVE CF
- INFORMATION FROM THE INTERNET
- VOICES FROM THE ROUNDTABLE
- PERSONAL STORIES, POETRY AND PICTURES
- COLUMNS INCLUDING: TRANSPLANT TALK, ASK THE ATTORNEY, SPIRIT MEDICINE & BREATHING ROOM

Back issues available upon request.

United States Adult Cystic Fibrosis Association, Inc.



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P.O. Box 1618
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cfroundtable@usacfa.org

www.cfroundtable.com

USACFA IS FUNDED ENTIRELY BY
GENEROUS DONATIONS OF
OUR READERS AND BENEFACTORS.

PROVIDING SUPPORT, INFORMATION AND
ENCOURAGEMENT SINCE 1990.



United States Adult Cystic Fibrosis Association, Inc.

Publishers of

CF Roundtable

A NEWSLETTER FOR ADULTS WHO HAVE CYSTIC FIBROSIS

Distributed throughout
the United States and Abroad

www.cfroundtable.com

Who we are:

The United States Adult Cystic Fibrosis Assn., Inc. (USACFA) is an independent, non-profit organization operated entirely by adult volunteers who have cystic fibrosis (CF). It was founded in 1990 by adults who have CF in an effort to provide support for people with CF.

USACFA provides information to people in all 50 states and in more than a dozen countries.

What we do:

Four times each year, USACFA publishes the newsletter, *CF Roundtable*. This publication provides information for CF adults regarding the basis, nature and progression of the disease. We inform readers about the latest treatments and research efforts to deal with CF. But most importantly, we provide a forum for CF adults to communicate with each other by encouraging our readers to write about their experiences relating to our focus topics.

CF Roundtable also serves as a source of hope and encouragement to those who love and care for adults with CF.

What we don't do:

USACFA does not give medical advice, nor do we endorse any programs, products or procedures.

Consult your physician before making any changes to your daily routine.

What you can do:

Mail the enclosed order form to start receiving *CF Roundtable*. A yearly tax deductible donation of \$10 for individuals, \$15 (U.S. funds only) for non-US addresses, and \$25 for institutions is recommended.

CF Roundtable is available FREE of charge to those who are unable to donate at this time.

Tell others about USACFA! If you know an adult with CF or one of their caregivers (either professional or non-professional) please share this information with them.

USACFA is funded entirely by the generous donations of our readers and benefactors.

- YOU CAN GIVE CF ROUNDTABLE AS A GIFT.
- YOU CAN MAKE A DONATION.
- YOU CAN HELP US WITH FUNDRAISING.
- YOU CAN INCLUDE USACFA IN YOUR ESTATE PLANNING.
- YOU CAN HONOR A PERSON BY MAKING A TRIBUTE GIFT TO USACFA IN HIS OR HER HONOR.

Where to find us:

United States Adult
Cystic Fibrosis Association, Inc.



USACFA
P.O. Box 1618
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By phone or fax: (503) 669-3561
email: cfroundtable@usacfa.org

www.cfroundtable.com

CF Roundtable Subscription Form

(Please Print Clearly)

NAME _____

PHONE (_____) _____ - _____

ADDRESS _____

CITY _____ STATE _____

ZIP+4 _____ + _____

e-mail address: _____

I am interested in *CF Roundtable* because I am a:

CF ADULT BIRTHDATE _____

OR I am a: Parent Relative Friend

Medical/Research Professional Caregiver

A yearly donation of \$10 for individuals, \$15 for non-US addresses (US funds only) and \$25 for institutions is recommended

CF Roundtable is available free of charge to those who are unable to donate at this time.

• Annual donation \$ _____

• Additional donation to defray costs \$ _____

• I am enclosing \$2.50 per copy requested. \$ _____

• Please send gift subscriptions to the names and addresses I have listed on a separate sheet of paper. I have enclosed \$10 per subscription ordered. . . \$ _____

• Please send me the back issues I have listed on a separate sheet of paper. . . \$ _____

TOTAL \$ _____

Make checks payable to USACFA and mail with this completed form to: USACFA, PO Box 1618, Gresham, OR 97030-0519

Everyone must complete a subscription form annually to be included on our mailing list.